

Grow Not Weary

Galatians 6:7–10

Series:	None
Date:	August 30, 2026
Text:	Galatians 6:7–10 (ESV)

Purpose of This Guide

The sermon had two anchor points: **(1) We will reap what we sow (vv. 7–8)**, and **(2) We will reap in due season (vv. 9–10)**. The central exhortation is this: *Do not grow weary of doing good*. Use this guide not as a script but as a map — know where you're headed, but let the group guide the conversation.

Key Text — Galatians 6:7–10 (ESV)

"Do not be deceived: God is not mocked, for whatever one sows, that will he also reap. For the one who sows to his own flesh will from the flesh reap corruption, but the one who sows to the Spirit will from the Spirit reap eternal life. And let us not grow weary of doing good, for in due season we will reap, if we do not give up. So then, as we have opportunity, let us do good to everyone, and especially to those who are of the household of faith."

Leader's Big Idea to Keep in Front of You:

Paul gives two guarantees to strengthen our resolve: We reap what we sow, and we reap *in due season*. The goal of your discussion is to help group members name where they are tempted to grow weary — and to leave encouraged, grounded in these two promises.

Part 1: Opening Questions

Getting the Group Thinking

Leader Note

These questions are designed as warm-up questions. They are not meant to be deeply theological — they're meant to lower the guard, get people talking, and naturally lead the group toward the key themes of the text.

Spend no more than 10–12 minutes here.

You do not need to use all the questions — pick one or two that feel right for your group.

Leader Tip

Start with the first question as an icebreaker — everyone has a gardening or planting story, even if it's just a failed houseplant. Laughter here is good. It opens people up.

1. Have you ever planted something and had to wait a long time before you saw any results? What was that like — did you almost give up?

Leader Note

This question opens up the sowing/reaping imagery naturally. Listen for themes of patience, doubt, and delayed reward — these are the same emotional dynamics Paul is addressing spiritually.

2. Think about a time when you worked really hard at something — a relationship, a job, a habit — and it felt like nothing was changing. What kept you going, or what caused you to quit?

Leader Note

This question surfaces the emotional experience of weariness. It's relatable across all life stages. Validate whatever they share — the sermon's entire exhortation grows from the reality that weariness is real.

3. The preacher opened by saying, "The Christian life is one of endurance." Does that resonate with your experience? What makes faithfulness feel hard sometimes?

Leader Note

This bridges the warm-up into the theological heart of the passage. It also helps you gauge how honest and self-aware your group is willing to be. If responses are surface-level, gently probe:

"What does 'faithfulness feeling hard' actually look like in your week?"

Part 2: Study Questions (Engaging the Text)

Engaging the Text

Leader Note

This section is the heart of your discussion. The goal is to help group members understand what Paul actually means — not just what the passage says, but what it does.

Aim to spend 20–25 minutes here by picking 3-4 of the questions here.

Have everyone open their Bibles to Galatians 6:7–10. Reading the passage aloud together is highly recommended before starting.

Leader Tip

Resist the urge to answer your own questions. Ask a question, then wait. Silence is not failure — it means people are thinking. Count to ten silently before jumping in. If you must prompt, try:

"What's the first thing that comes to mind?" or

"What does the text actually say here?"

SECTION A: WE WILL REAP WHAT WE SOW (VV. 7–8)

4. Paul opens with a warning: "Do not be deceived. God is not mocked." Why do you think he frames a seemingly obvious principle — you reap what you sow — with such a strong warning? What does this tell us about human nature?

Leader Note

The sermon pointed out that we would never believe someone who said corn seed grows apple trees — and yet we routinely deceive ourselves into thinking we can sow sinful habits and not reap consequences. Help the group see that self-deception is the specific danger Paul is guarding against.

The warning is there precisely because the principle seems obvious but we ignore it anyway.

5. Paul distinguishes between "sowing to the flesh" and "sowing to the Spirit." In Galatians 5:19–23, he gives us concrete lists. Looking at both lists — the works of the flesh and the fruit of the Spirit — what does it look like in ordinary, daily life to "sow" to each?

Leader Note

You may want to read Galatians 5:19–23 aloud here if your group hasn't already. The sermon emphasized that "sowing to the Spirit" is not just big dramatic acts — it includes a kind word, praying for someone, teaching a children's class, rejoicing in someone else's success, displaying joy in suffering. Help the group see the breadth of what "sowing" means.

Leader Tip

If your group is struggling, try this:

"What would a typical Tuesday look like for someone who is intentionally sowing to the Spirit? What would it look like for someone sowing to the flesh?"

Grounding it in ordinary days helps.

6. The sermon described the flesh as "the sinful desire to put your own Self on the throne of life — a reality Christians still struggle against." How does this definition change the way you think about the word "flesh"? Does it feel personally relevant?

Leader Note

This question is meant to personalize the theological category. "Flesh" can sound like an abstract Bible word. The sermon's definition —

Self on the throne

— is crisp and convicting. Let the group sit with it. Don't rush to application yet.

7. What is Paul saying the stakes are? What does "corruption" mean in v. 8, and why is it so serious?

Leader Note

The sermon noted that the Greek word for "corruption" (phthora) also means "perishing" or "destruction" — the loss of everything, especially eternal life with God. This is not a small consequence. Without being heavy-handed, help the group feel the weight of what is at stake. This is what makes the call to perseverance so urgent.

SECTION B: WE WILL REAP IN DUE SEASON (VV. 9–10)

8. Paul says "in due season we will reap, if we do not give up." What is the "due season" he's referring to? Why does the timing matter for how we understand the promise?

Leader Note

The sermon made clear that "due season" refers to the appointed time for reaping eternal life — not necessarily a reward in this life. This reframes perseverance: we are not promised immediate results, but we are guaranteed the harvest. This is the second anchor promise.

9. The sermon described "doing good" as much broader than delivering meals or meeting physical needs. It includes everything produced by "love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control." How does this broader definition change what you think of as "doing good" in your daily life?

Leader Note

This is a crucial re-framing. Many people feel they are not "doing much good" because they aren't on a mission trip or running a food pantry. Paul (and the sermon) push back: displaying joy in suffering is doing good. A gentle word to a struggling spouse is doing good.

Help group members see their ordinary faithfulness matters eternally.

10. The preacher offered six diagnostic signs that someone may be growing weary of doing good. They included: being high in criticism but low in participation, being embittered by others' failures, neglecting to resolve conflict, evaluating church primarily through a "me" lens, and feeling that serving and giving are joyless burdens. Which of these do you think is most common in church communities — and why?

Leader Note

Start with "most common in church communities" rather than "in you" — this gives people permission to be honest without feeling put on the spot. The conversation will naturally become personal. Let it. Don't force it.

Leader Tip

You may want to share your own honest answer to one of these diagnostics. Vulnerability from the leader sets the tone for the whole group. You don't have to be dramatic — even a quiet "I've felt this one" is enough to open the door.

Part 3: Application Questions

Living It Out

Leader Note

These questions are meant to help your group move from understanding to action. The goal is specific and personal — not just general agreement that perseverance is important.

Spend 15–20 minutes here by picking 2-3 of the questions. Close with prayer.

Leader Tip

Application questions land best when you've built enough trust in the study section. If the group is still at the surface level, ask one more personal study question before moving here. Application without honest reflection is just goal-setting.

11. Be honest with yourself: In what area of your life are you most tempted to grow weary of doing good right now? Is it in your family? Your church involvement? Your witness to a neighbor or coworker? Your private devotional life? Did something during the sermon come to mind for you?

Leader Note

This is the most personal question in this guide. Give people a moment of quiet before asking for responses. You might say, "Take 30 seconds and think about this before we share."

Not everyone will want to go deep publicly — that's okay. Even silent self-examination is fruit.

12. The sermon said that when we grow weary and don't acknowledge it — don't talk with anyone about it, don't bring it to Scripture, don't ask for help — we end up "plowing the field for enmity, strife, jealousy, anger, and division." Is there someone in this group, or in your life, you need to talk to about your weariness this week?

Leader Note

This question points toward community and accountability as the God-given antidote to weariness.

It's not an individual problem with an individual solution — the sermon addressed the corporate body. Gently encourage people to name a specific person, not just agree with the principle.

13. Paul says in v. 10: "as we have opportunity, let us do good." The sermon noted that opportunities can be planned or spontaneous. What is one specific opportunity to do good — to someone inside the church (the "household of faith") or one outside — that you could act on before you meet again next week?

Leader Note

This question is intentionally concrete and short-term. Big vague commitments don't stick.

One specific act for one specific person in one week is achievable.

Encourage people to say it out loud — stated commitments are more likely to happen. Consider opening your next meeting by following up on these.

Leader Tip

You might write these down as people share them — and send a brief text or note mid-week to check in. This simple act of follow-through is itself a powerful example of "doing good to the household of faith."

14. The sermon's two guarantees are: (1) We will reap what we sow, and (2) We will reap in due season. Which of these two promises do you need most to hold onto right now — and why?

Leader Note

This is a good closing question because it anchors people in the text's promises rather than just the demands. The Christian life is not just "try harder." It is rooted in the certainty of God's Word. Let people name which promise they're clinging to, and close in prayer over those specific needs.

Closing Prayer Guide

Leader Note

Close your time in prayer. You may want to invite one or two members to pray, or pray yourself. Use the themes of the discussion to shape the prayer. The framework below is a guide — not a script.

- **Confession:** Invite the group to briefly and silently confess where they have sown to the flesh or grown weary.

- **Gratitude:** Thank God for the two guarantees — that He is faithful, and that His harvest is certain.
- **Petition:** Ask God for strength for whoever named a specific area of weariness tonight.
- **Commission:** Send the group out with a blessing tied to v. 10 — that God would give them eyes to see their opportunities and courage to take them.

Quick Reference: Leader Reminders

- **Don't rush the Study section** — deep understanding produces real application.
- **Your job is to ask good questions and listen well**, not to re-preach the sermon.
- **Watch for quiet members** — sometimes the most thoughtful people are the last to speak.
Create space by saying: *"Anyone we haven't heard from yet?"*
- **If the conversation goes off-track**, use this anchor question to refocus: *"How does this connect back to Paul's call to not grow weary?"*
- **End on the promise, not the pressure** — the sermon's final word is encouragement, not condemnation. Make sure your group leaves anchored in God's faithfulness, not just convicted of their failure.

"And let us not grow weary of doing good, for in due season we will reap, if we do not give up."

— *Galatians 6:9 (ESV)*